

DEUTSCHE BUNDESPOST BERLIN



LEOPOLD VON RANKE 1795 - 1886

80

1986

Evidenz basiert Geschichte
war in Berlin geboren

The historian uses the
Fussnote to attack, the
scientist uses the reference to
defend , but both are selective

Bingel A. Über Behandlung der Diphtherie mit gewöhnlichem Pferdeserum. Deutsches Archiv für klinische Medizin 1918;125:284-332.

. I remind [the reader] of the heavy epidemics in Berlin and Hamburg of the year 1910,
[p288, last para, on blinding of assessors]

I am keen to see my observations checked independently, and most warmly recommend this "blind" method for the purpose. Even the chief physician may try to draw conclusions about the nature of the serum (unknown to him) that has been used in a particular case: he will be astonished to see how little he is able to do this.....Neither I nor my assistants... could detect a difference between the two sera. Dr Koennecke thought the old (antitoxin) serum had a certain advantage, while Dr Rehder declared that if he were to fall ill, he would wish to be treated with the new (horse) serum. The views of these two gentlemen thus neutralised each other."

DEATH

FREEMEN, STATES, AND

OF THE

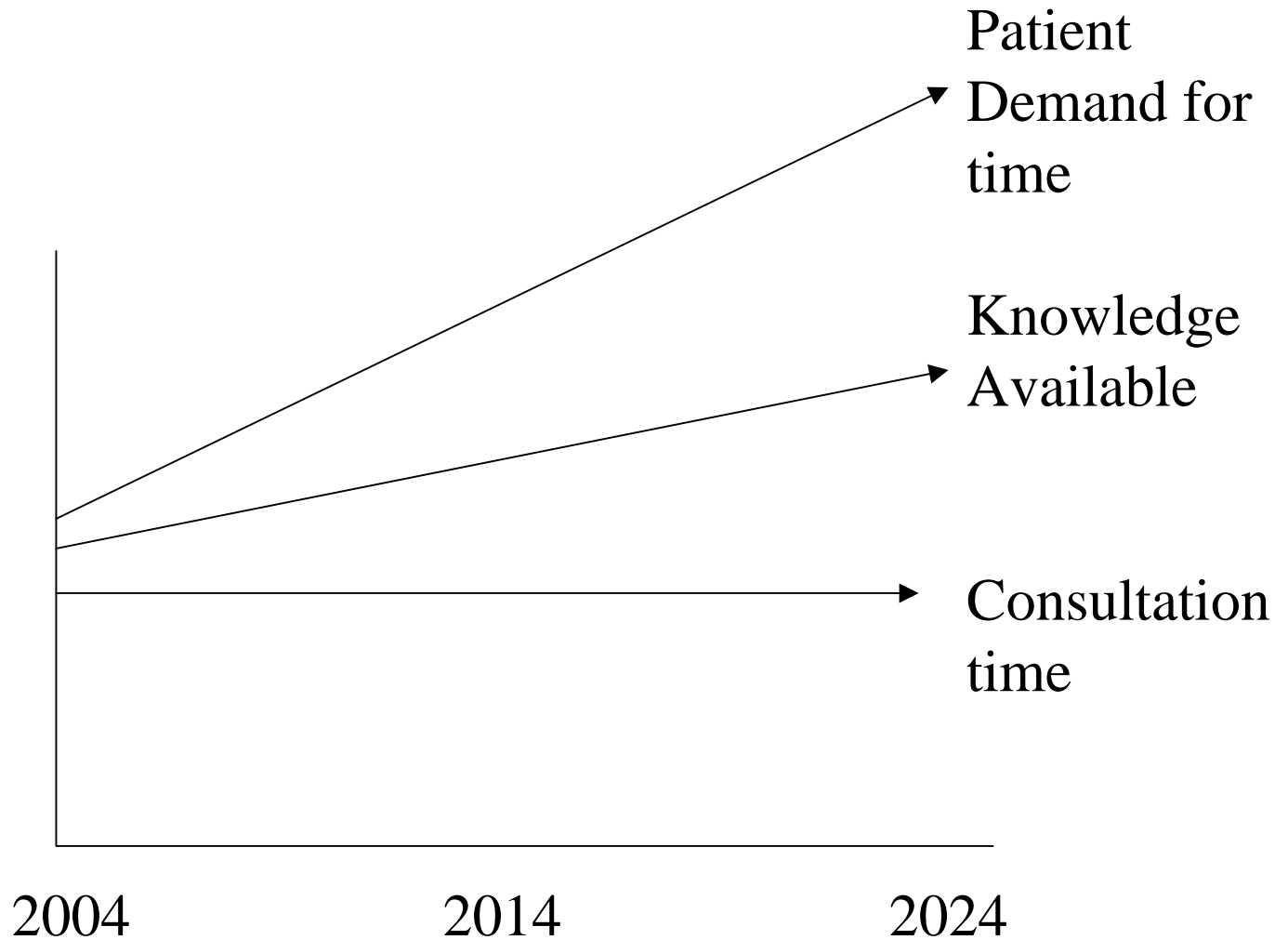
THE ADVICE OF CAPITALISM

GUILDS

FROM THE PRESENT

EDWARD A. KIMBLE

Health care 2015



The five eternal truths

The patient

The consultation

The clinical decision

The team

The knowledge

Knowledge is
the enemy of
disease

3 types of generalisable knowledge

Knowledge from research - Evidence

Knowledge from measurement of healthcare performance-Statistics

Knowledge from experience-Of patients and clinicians

2 types of particular knowledge

Knowledge about this patient

Knowledge about this service

The application of what we know already will have a bigger impact on health and disease than any drug or technology likely to be introduced in the next decade

The application of what we know can prevent and minimise the 7 ubiquitous healthcare problems

- Errors and mistakes
- Poor quality healthcare
- Waste
- Unknowing variations in policy and practice
- Poor patient experience
- Overenthusiastic adoption of interventions of low value
- Failure to get new evidence into practice

A common core of quality
assured knowledge must
be delivered to
professionals and patients
at the point and time of
need by a National
Knowledge Service

National Knowledge Service

Generation

Co-ordinated procurement

Organisation

National Library for Health

NHS Direct Online

eLibrary for Social Care

Localisation

Map of medicine

Mobilisation

NHS Care Record Service

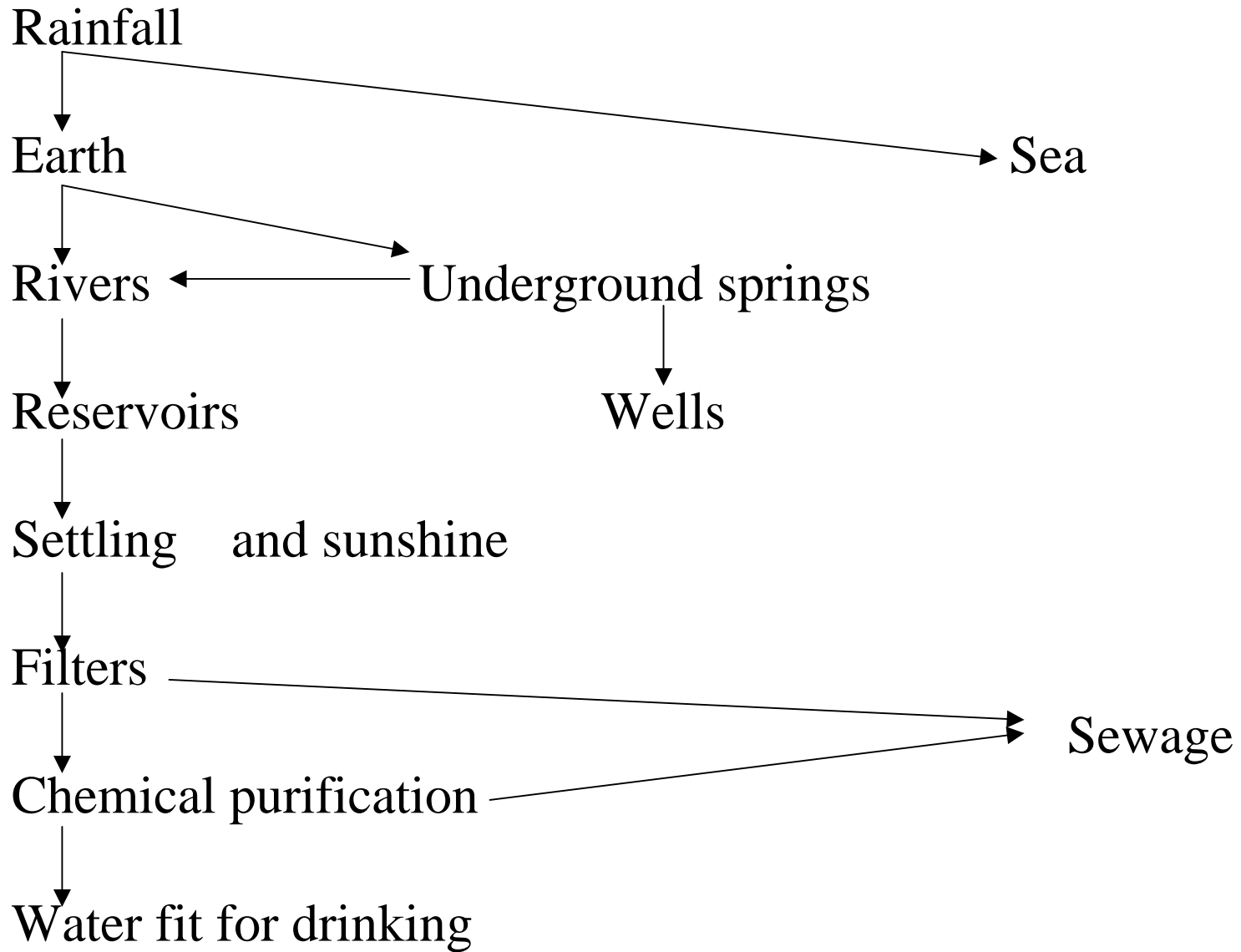
Utilisation

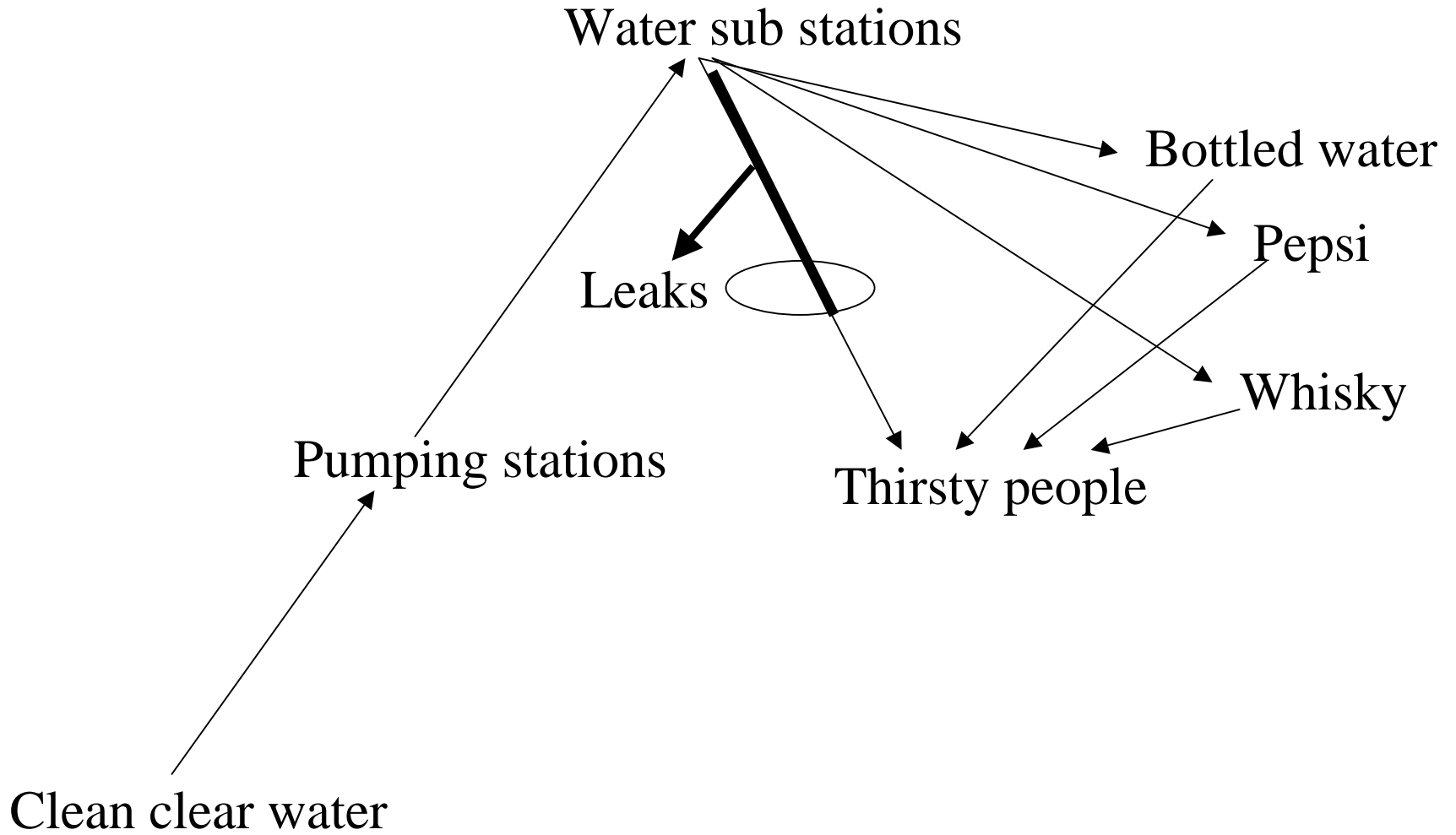
Patient & professional
education

Question
Answering
Service

Better Consultations, Better Decisions,
Better Communication

For good health
people need pure
clear knowledge, just
as they need pure
clear water





Like water, knowledge may be

- Poisonous
- Polluted
- Muddy

Drummond Rennie

Deputy editor (west), *JAMA*



There seems to be no study too fragmented, no hypothesis too trivial, no literature citation too biased or too egotistical, no design too warped, no methodology too bungled, no presentation of results too inaccurate, too obscure, and too contradictory, no analysis too self serving, no argument too circular, no conclusions too trifling or too unjustified, and no grammar and syntax too offensive for a paper to end up in print.

[Rennie 1986; 2002]

The CONSORT statement for Reporting RCTs [Moher *et al*, *JAMA/Annals/Lancet* 2001]

- 22 items that should be reported in a paper
- Also a flow diagram describing patient progress through the trial
- Most leading general medical journals and many specialist journals (>70) adopted original CONSORT recommendations (1966)
 - Authors should not be able to hide study inadequacies by omission of important information
- The CONSORT requirements are in addition to existing general requirements

Other guidelines

- CONSORT is a model
- The same principles are being applied to other types of research
 - QUOROM (meta-analyses)
 - STARD (diagnostic studies)
 - STROBE (observational studies)
 - etc
- Developed by researchers and editors
- A key advantage is consistency of advice across many journals

Classification of Discussion sections in RCT reports published in May 1997 and May 2001 in five leading general medical journals

| Classification | May '97 n=26 | May '01 n=33 |
|--|-------------------------|-------------------------|
| First trial addressing the question | 1 | 3 |
| Contained an updated systematic review integrating the new results | 2 | 0 |
| Discussed a previous review but did not attempt to integrate the new results | 4 | 3 |
| No apparent systematic attempt to set the new results context | 19 | 27 |

Additions to the world's evidence base 1/5/2003-1/5/2004

| | new articles | RCT's (treatment trials) | Systematic Reviews of RCT's |
|---------------|--------------|------------------------------|--------------------------------|
| Asthma | 3837 | 267 | 149 |
| COPD | 1487 | 103(90 english) | 75 (50 english) |
| Glaucoma | 1223 | 81 | 29 |
| Breast Cancer | 7349 | 229 | 215 |
| Rheumatoid | 2505 | 107 | 94 |

Rare diseases are very common- Allianz Chronische Seltener Krankheiten ASCHE

| | Google | Total Articles | New in 2003/4 |
|-------------------|------------------|-------------------|------------------|
| Aarskog* | 13,800 | 226 | 2 |
| Aegenaes* | 803 | 70 | 1 |
| Phaeochromocytoma | 34,400 | 14,167 | 377 |
| Tay Sachs | 54,700 | 1,369 | 24 |
| Scleroderma | 233,370 (9, 280) | 14,182 | 442 |

National Knowledge Service

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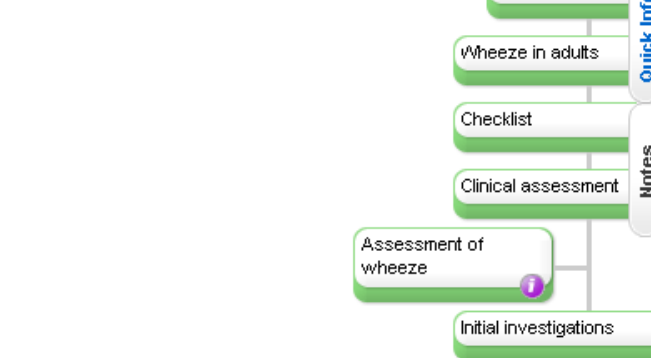
Patient & professional
education

Question
Answering
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Better Consultations, Better Decisions,
Better Communication

Wheeze [Printable version](#)

Key



Quick Info

Notes

Administrative Information

[Edit Administrative information](#)

Chest radiograph

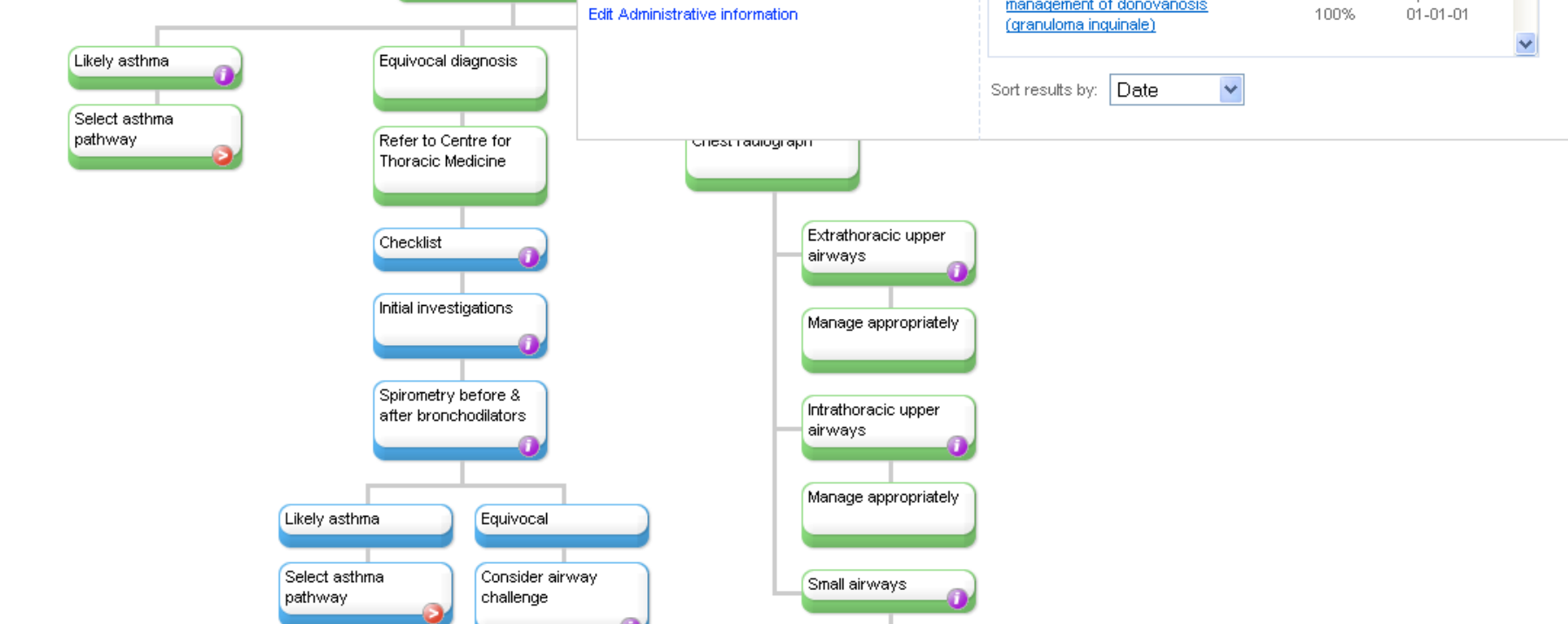
Search results

TIP: Roll over the NLH icon to begin [Refine Search](#)

You searched for:

| Guidance | Evidence | Reference | Patient |
|---|-------------|-------------------|---------|
| 2001 Guidelines for the management of pelvic infection and perihepatitis | Match: 100% | Updated: 01-01-01 | |
| 2001 National guideline for the management of bacterial vaginosis | Match: 100% | Updated: 01-01-01 | |
| 2001 National guideline for the management of chancroid | Match: 100% | Updated: 01-01-01 | |
| 2001 National guideline for the management of donovanosis (granuloma inguinale) | Match: 100% | Updated: 01-01-01 | |

Sort results by:



Ignorance is like cholera it cannot be controlled by an individual patient or clinician; it requires the organised efforts of society and is therefore a public health responsibility

The clinician of the C21 will have to

learn to say “I don’t know” with ease and confidence,

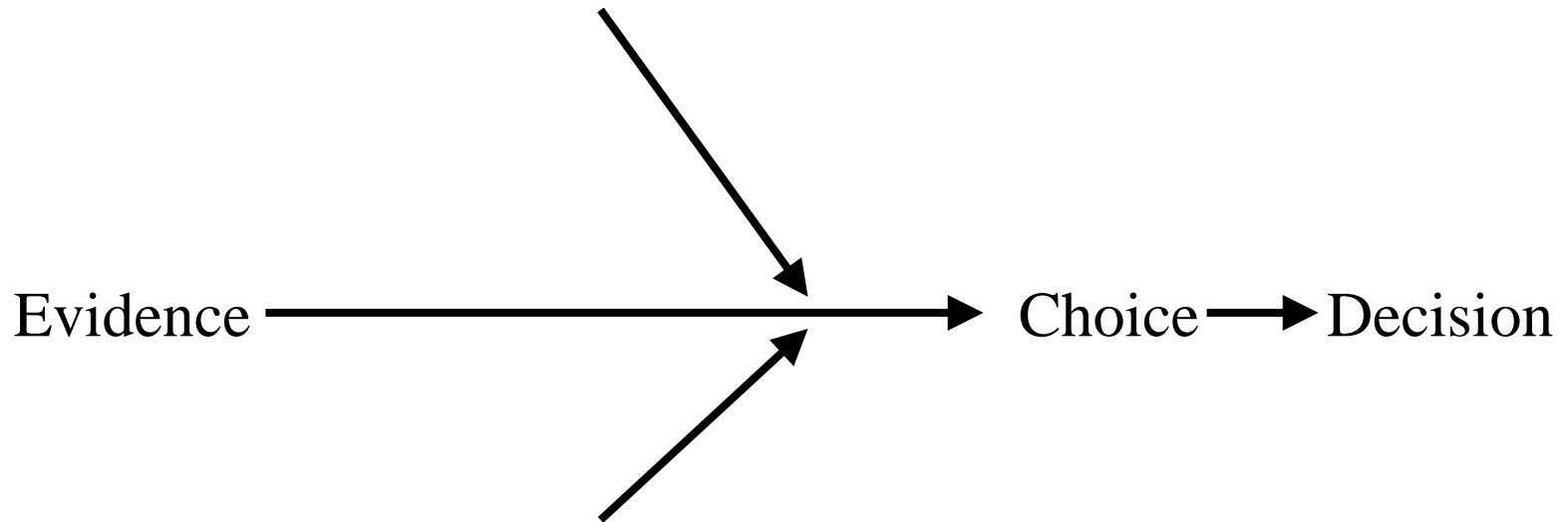
know how to find best available evidence

listen to the patient’s story and examine the patient carefully to decide what tests and treatments might do more good than harm by tailoring best available evidence to the individual’s condition

ascertain the patients preferred consulting style

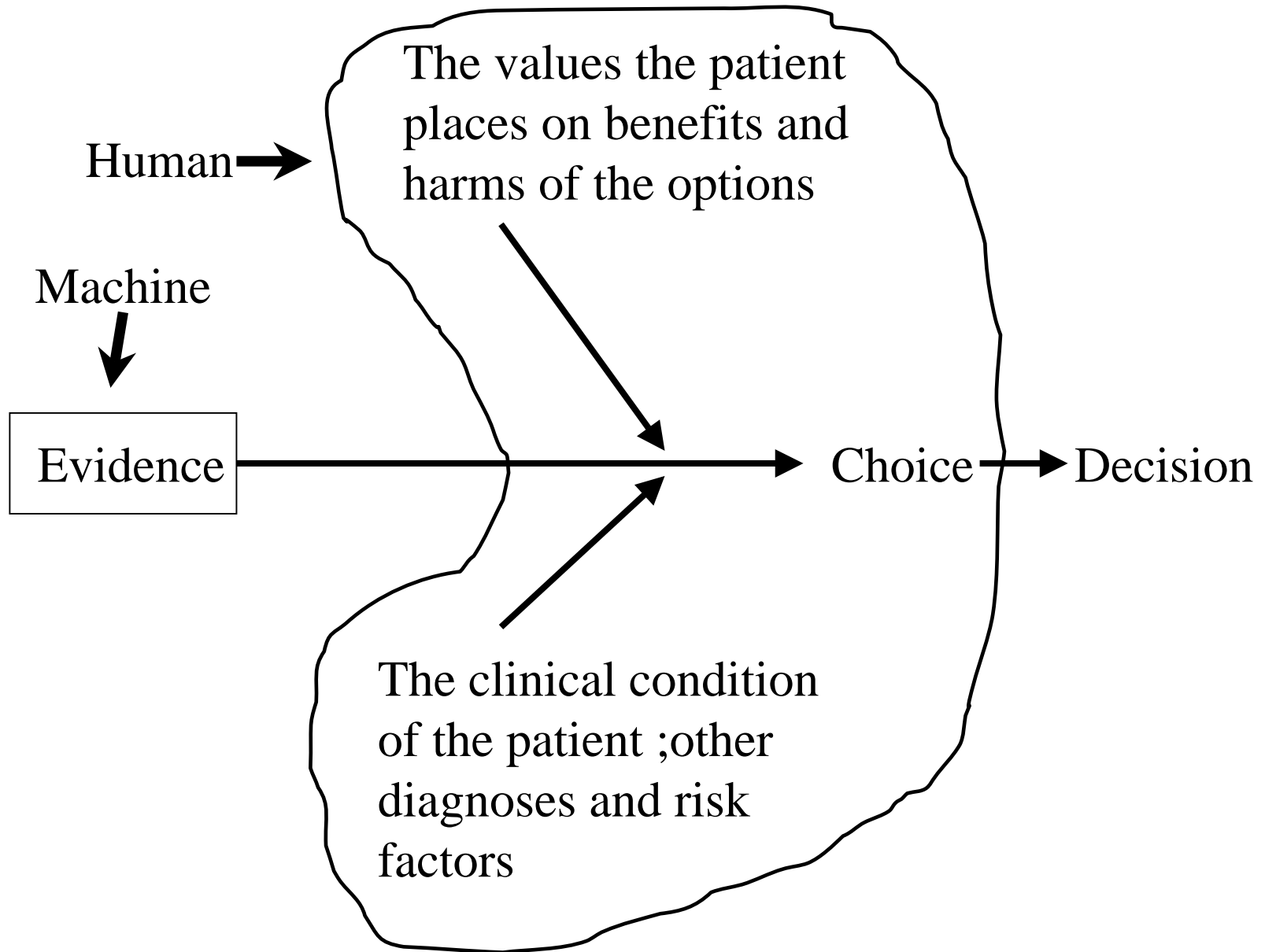
discuss options with the patient and help the patient make an informed choice based on their values

The values the patient places on benefits and harms of the options



The clinical condition of the patient ;other diagnoses and risk factors

model of clinical decision making



model of clinical decision making

New style consultations

Patient learns about condition from NHS Direct TV at home at the suggestion of the GP or receptionist



Patient interacts and informs using patient data entry



Face to face consultation



Patient works through options using a patient decision aid, considering likely outcomes against their values



Face to face consultation



Patient reflects at home, drawing on the values of other patients from the Database of Individual Patient Experiences

What will patients be like in
2015?

The knowledge spectrum before the internet

Knows
A little

Knows
A lot



Patient

Primary
Care

Secondary
(hospital)
Care

Professor

The knowledge spectrum after the internet -1

Knows
A little

Knows
A lot



Primary
Care

Patient

Secondary
(hospital)
Care

Professor

The knowledge spectrum after the internet -2

Knows
A little

Knows
A lot



Primary
Care

Secondary
(hospital)
Care

Patient

Professor

The knowledge spectrum after the internet -3

Knows
A little

Knows
A lot



Primary
Care

Secondary
(hospital)
Care

Professor

Patient

Utilisation-1 the patient

Every patient should be assumed to be competent and to want full involvement until they have made it clear that is not wanted

When it is clear what degree of involvement that is preferred the patient should be given the resources they need and be expected to use them

Support the resourceful patient www.resourcefulpatient.org



The Resourceful Patient

J A Muir Gray

[www .resourcefulpatient.org](http://www.resourcefulpatient.org)

[www .soundshealthy.org](http://www.soundshealthy.org)